LOCAL Foods

Catering Menu

HEIGHTS
714 YALE ST #1A
713-360-6011
WWW.HOUSTONLOCALFOODS.COM
GROUP LUNCH
SOMETHING FOR EVERYONE

PLATTERS

<table>
<thead>
<tr>
<th>SMALL</th>
<th>MEDIUM</th>
<th>LARGE</th>
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</thead>
<tbody>
<tr>
<td>9 SANDWICHES</td>
<td>15 SANDWICHES</td>
<td>24 SANDWICHES</td>
</tr>
<tr>
<td>3 MARKET SIDES</td>
<td>4 MARKET SIDES</td>
<td>5 MARKET SIDES</td>
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<tr>
<td>SERVES 7-11 PEOPLE</td>
<td>SERVES 12-17 PEOPLE</td>
<td>SERVES 18-26 PEOPLE</td>
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$125 | $194 | $295

MARKET SIDES

- BEETS: WHEAT BERRIES, GREEN APPLES, MINT, PISTACHIOS **
- TUSCAN KALE: GOLDEN RAISINS, PINE NUTS, PARMESAN **
- SWEET POTATO SALAD: DELICATA SQUASH, CRANBERRY, CELERY, CHIPOTLE-MAPLE VEGAN AIOLI
- HOUSE MADE CHIPS: OLD BAY SEASONING
- DILL PICKLES: MADE IN HOUSE
- GREEK QUINOA: TOMATOES, RED ONION, KALAMATA OLIVES, CUCUMBER, VEGAN "FETA" CHEESE

SEASONAL HUMMUS

$20

SERVES 6-8 PEOPLE
SERVED WITH ASSORTED VEGETABLES

SOUPS

- CHICKEN POSOLE: HOMINY, GREEN CHILES, CILANTRO, LIME **
- VEGAN PUMPKIN: CHILE SAUCE, PUMPKIN SEEDS, FRESH BASIL **

$10

BOWL SALADS

YOUR CHOICE OF THE
SEASONAL HARVEST or ASIAN SALAD
SERVES 10-15 PEOPLE

$44 (DOES NOT INCLUDE PROTEIN)
ADD CHICKEN OR TOFU $15    ADD SHRIMP $19

** CONTAINS NUTS OR SEEDS
BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.
(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

“BANH MI”
PORK, PICKLED ONION, CUCUMBER, JALAPENO, CILANTRO, SAMBAL, AIOLI, BAGUETTE. 13

TRUFFLED EGG SALAD
MIXED GREENS, TOMATO, PROVOLONE, AIOLI, PRETZEL BUN. 10

PASTRAMI
44 FARMS BEEF, PROVOLONE, SAUERKRAUT RUSSIAN DRESSING, MARBELED RYE. 14.5

GULF SEAFOOD
GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14

“CRUNCHY” CHICKEN
NUT “CRUMBLE”, PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, CRUSHED CHIPS, PRETZEL BUN. 12.5 **

GARDEN SAMMIE
BRUSSELS SPROUTS, AVOCADO, HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA. 10.5
ADD CHICKEN 13
AS SALAD W/ CHICKEN 14

SALADS

SEASONAL HARVEST
GOAT CHEESE, BRUSSELS SPROUTS, FRUIT, NUTS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 11.5 **
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

ASIAN CHICKEN
GINGER-SOY DRESSING, SPROUTS, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 **

TACO SALAD
BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12.5 **

TURKEY COBB
AVOCADO, TOMATO, EGG, BACON, CUCUMBER, CHEDDAR, AGAVE CREOLE MUSTARD DRESSING 14.5

EXTRAS

** CONTAINS NUTS OR SEEDS
THE FINAL TOUCH ON THE PERFECT LUNCH.

DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) 19
MEDIUM ASSORTED PLATTER (SERVES 11-18) 29
LARGE ASSORTED PLATTER (SERVES 19-24) 39
CHOCOLATE CHIP COOKIE 2

DRINKS

SEASONAL LEMONADE GALLON 26  HALF GALLON 13
BLACK TEA GALLON 20  HALF GALLON 10
HONEY ICED COFFEE (WITH ALMOND MILK) 4
PAT GREER’S SEASONAL KOMBUCHA 4.5
MEXICAN COKE, TOPO CHICO, DR. PEPPER 3
COLD BREW NITRO COFFEE ON DRAFT 4

SERVING & SUPPLIES

UTENSIL KIT
FORK/SPOON/KNIFE/NAPKIN
$.25 PER KIT

PLATES  
$.25

BOWLS  
$.25

CUPS  
$.25

SERVE WARE
SPORK/SPOON/TONG/LADLE/SCOOP
$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE
HOUSTONLOCALFOODS.COM, CHOOSE LOCATION AND SELECT CATERING ORDER FORM
OR CALL US AT 713.360.6133

24 HOURS ADVANCED NOTICE & $125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. $25 DELIVERY FEE.
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION INVOICE YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.