### Catering Menu

**LOCAL Foods**

420 MAIN ST. - HOUSTON, TX 77002 -- 713-227-0531  
WWW.HOUSTONLOCALFOODS.COM  
EMAIL: DOWNTOWN@HOUSTONLOCALFOODS.COM

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**DOWNTOWN**

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<table>
<thead>
<tr>
<th>Sandwich Platters</th>
<th>Boxed Lunches</th>
<th>Salad Bowls</th>
</tr>
</thead>
</table>

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**Desserts**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHOCOLATE CHIP PECAN COOKIE</td>
<td>2.00</td>
</tr>
<tr>
<td>WHITE CHOCOLATE WALNUT COOKIE</td>
<td>2.00</td>
</tr>
<tr>
<td>BUTTERSCOTCH BLONDIE</td>
<td>2.50</td>
</tr>
<tr>
<td>VEGAN CARROT CUPCAKE</td>
<td>4.00</td>
</tr>
<tr>
<td>VEGAN CHOCOLATE BROWNIE</td>
<td>3.00</td>
</tr>
</tbody>
</table>

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**Beverages**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEASONAL MINTADE</td>
<td>26.00</td>
</tr>
<tr>
<td>ICED TEA (UNSWEETENED)</td>
<td>20.00</td>
</tr>
<tr>
<td>BOTTLED WATER</td>
<td>1.50</td>
</tr>
</tbody>
</table>

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**SUPPLIES**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLATES</td>
<td>$0.25</td>
</tr>
<tr>
<td>CUPS</td>
<td>$0.25</td>
</tr>
<tr>
<td>BOWLS (SOUP/SALAD)</td>
<td>$0.25</td>
</tr>
<tr>
<td>CUTLERY KIT</td>
<td>$0.25</td>
</tr>
<tr>
<td>(FORK/SPOON/KNIFE/NAPKIN)</td>
<td></td>
</tr>
<tr>
<td>SERVE WARE</td>
<td>$1.00</td>
</tr>
<tr>
<td>(SPOON / SALAD TONGS + DRESSING LADLE)</td>
<td></td>
</tr>
</tbody>
</table>

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**LET US DO THE WORK**

To make a catering order, please visit our website at HOUSTONLOCALFOODS.COM & select our location:

- **DOWNTOWN**

Fill out a catering order form & e-mail it to DOWNTOWN@HOUSTONLOCALFOODS.COM

A formal confirmation invoice will be sent back via e-mail after 2PM for you to approve.

24 hours advanced notice is required

Please inform us of any food allergies before ordering.
Option #1

GROUP LUNCH

ASSORTED SANDWICH PLATTERS

<table>
<thead>
<tr>
<th>Small [SERVES 7-11 PEOPLE]</th>
<th>Medium [SERVES 12-17 PEOPLE]</th>
<th>Large [SERVES 20-26 PEOPLE]</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 SANDWICHES 3 MARKET SIDES</td>
<td>15 SANDWICHES 4 MARKET SIDES</td>
<td>24 SANDWICHES 5 MARKET SIDES</td>
</tr>
</tbody>
</table>

Harvest Bowl Salad

** SERVES 8-15 PEOPLE $185**

Choice of:
- Harvest
- Asian

Specialty Salad Bowls - $59

Vegan Taco Salad

“Crunchy Chicken” as a Salad

Serving spoons & tongs available for $1 each upon request.

Option #2

BOX LUNCH

LETS MAKE IT PERSONAL.

SANDWICHES

Served with your choice of two sides or cup of soup.

FALAFEL (VEGAN)
Tomato, Romaine, Sweet Pea Hummus, Vegan Aioli, Sambal, Wheat 12.5 **

TRUFFLED EGG SALAD

GARDEN SAMMIE (VEGAN)
Avocado, Hummus, Brussels Sprouts, Tomato, Curried Cauliflower, Sprouts, Pickled Onions, Ciabatta 10.5

Add chicken 13. as a salad w/ chicken 14.

GULF SEAFOOD
Shrimp & Blue Crab, Tomato, Lettuce, Pickled Onion, Green Goddess, Ciabatta 14.

“CRUNCHY” CHICKEN
Nut Seed Crumble, Crushed Chips, Tomato, House Pickles, Lettuce, Provolone, Buttermilk Ranch, Pretzel Bun 12.5 **

TURKEY CONFIT
Melted Brie, Cranberry Jam, Arugula, Aioli, Rye Toast 15.5 **

“BANH MI”
Grilled Pork, Pickled Onion, Cilantro, Carrot-Cucumber Mix, Jalapeño, Sambal, Aioli, Bolillo Roll 12.5

(Tofu available upon request)

Add a cookie $2 / sub GF wrap $2.5

Sandwiches may also be prepared as a salad.

MARKET SIDES

<table>
<thead>
<tr>
<th>Small $12</th>
<th>Medium $18</th>
<th>Large $24</th>
</tr>
</thead>
</table>

HOUSEMADE CHIPS - OLD BAY SEASONING
TUSCAN KALE - PINE NUTS, PARMESAN **
DILL PICKLE SPEARS

SOUPS

Cup 4. / Bowl 6. / Quart 10.

CHICKEN POSOLE
Poblano, Green Chiles, Hominy, Cilantro & Pumpkin Seed Garnish **

VEGAN GUMBO
Kidney Beans, Celery, Carrot, Scallions, Brown Rice

** CONTAINS NUTS OR SEEDS

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WHAT WE CAN BRING TO THE LUNCH TABLE.