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**LOCAL**

*Foods*

**CATERING MENU**

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UPPER KIRBY

713.255.4440 / 2555 KIRBY DR. HOUSTON, TX 77019

[WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

# GROUP LUNCH

SOMETHING FOR EVERYONE

## GROUP ORDERS

### SMALL

(SERVES 7-11 PEOPLE)

9 SANDWICHES  
3 MARKET SIDES

**\$125**

### MEDIUM

(SERVES 12-17 PEOPLE)

15 SANDWICHES  
4 MARKET SIDES

**\$194**

### LARGE

(SERVES 18-26 PEOPLE)

24 SANDWICHES  
5 MARKET SIDES  
1 BOWL SALAD

**\$295**

## MARKET SIDES

### REGULAR

(SERVES 7-11 PEOPLE)

**\$12**

**BROCCOLI-QUINOA** FETA, LEMON, SUNFLOWER SEEDS \*\*

**HOUSEMADE CHIPS** OLD BAY SEASONING

**BEET-LENTIL** CRANBERRIES, PICKLED ONION, TAHINI, SPINACH \*\*

### LARGE

(SERVES 10-15 PEOPLE)

**\$24**

**RED POTATO SALAD** DILL, HONEY, EGG

**TUSCAN KALE** GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

**DILL PICKLES** MADE IN HOUSE

## SOUPS

\$4 CUP / \$6 BOWL / \$10 QUART

### GREEN CHILE POSOLE

CHICKEN, HOMINY, POBLANO,  
GREEN CHILES, CILANTRO,  
PUMPKIN SEED GARNISH \*\*

### VEGAN CHOWDER

OYSTER MUSHROOMS, ROOT  
VEGETABLES, COCONUT MILK,  
OYSTER CRACKERS & GARLIC OIL  
GARNISH \*\*

## BOWL SALADS

SERVES 6-12 PEOPLE

YOUR CHOICE OF

**HARVEST / ASIAN / TACO / VEGAN CAESAR \$44**

(DOES NOT INCLUDE PROTEIN)

ADD CHICKEN +\$15

ADD SHRIMP +\$19

## BULK HOUSE SALAD DRESSINGS

\$10 - 16oz BOTTLE

VEGAN CAESAR / HERB VINAIGRETTE / LEMON DRESSING

## HUMMUS PLATTER

**\$28**

(SERVES 6-8 PEOPLE)

SERVED WITH ASSORTED VEGETABLES

## SERVING SUPPLIES

### UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN

**\$.25 PER KIT**

### PLATES

**\$.25**

### BOWLS

**\$.25**

### CUPS

**\$.25**

### SERVE WARE

FORK/SPOON/TONG/LADLE

**\$1 EACH**

\*\* CONTAINS NUTS OR SEEDS

# BOX LUNCH

LET US MAKE IT PERSONAL

## SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

### QUINOA BURGER

SMOKED QUINOA-BEAN PATTY,  
TOMATO, PICKLES, ONION,  
SECRET SAUCE, PRETZEL BUN 12.

### GULF SEAFOOD

GULF SHRIMP, BLUE CRAB,  
ROMAINE, TOMATO, PICKLED ONION,  
GREEN GODDESS, CIABATTA 14.

### CRUNCHY CHICKEN

NUT/SEED "CRUMBLE,"  
PROVOLONE, ROMANE, PICKLES,  
TOMATO, CRUSHED CHIPS,  
BUTTERMILK RANCH,  
PRETZEL BUN 12.5

### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,  
CURRIED CAULIFLOWER, HUMMUS,  
TOMATO, SPROUTS, PICKLED ONION,  
CIABATTA 10.5  
ADD CHICKEN 13.  
AS A SALAD W/CHICKEN 14.

### "BANH MI"

BLACK HILL RANCH PORK, JALAPENO  
PICKLED RED ONION, CILANTRO, CUCUMBER,  
AIOLI, SAMBAL, BAGUETTE 12.5

### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,  
PARMESAN, AIOLI,  
PRETZEL BUN 10.

## SALADS

### SEASONAL HARVEST

FETA CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT &  
VEGGIES, ALMONDS, FRESH HERB VINAIGRETTE 11.5  
ADD CHICKEN OR TOFU 13.5 / ADD SHRIMP 14.5

### TACO SALAD

BABY KALE & ROMANE, VEGAN "TACO MEAT," AVOCADO,  
PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS,  
PUMPKIN SEEDS, LIME VINAIGRETTE 12.5

### ASIAN CHICKEN

NAPA CABBAGE & ROMANE, MARINATED BEAN SPROUTS,  
TOASTED CASHEWS, CRISPY RICE NOODLES, EDAMAME,  
PICKLES, GINGER-SOY DRESSING, PEANUT SAUCE 12.5 \*\*

### SALMON POKE (CONTAINS RAW FISH)

SPICY QUINOA, AVOCADO, EDAMAME, GREEN BEANS,  
RADISH, BEETS, NORI, SESAME SALT, SANBAIZU 17.5

### VEGAN CAESAR

BABY KALE & ROMANE, CASHEW "CHEESE,"  
CRISPY BUTTERNUT SQUASH, CROUTONS, RADISH,  
SPICED PECANS 10.5 \*\*  
ADD CHICKEN OR TOFU 12.5 / ADD SHRIMP 13.5

\*\* CONTAINS NUTS OR SEEDS

THE FINAL TOUCH FOR THE PERFECT LUNCH.

## DESSERTS

- SMALL ASSORTED PLATTER (SERVES 6-10) **19.**
- MEDIUM ASSORTED PLATTER (SERVES 11-18) **29.**
- LARGE ASSORTED PLATTER (SERVES 19-24) **39.**
- CHOCOLATE CHIP PECAN COOKIE **2. \*\***
- GLUTEN-FREE 7-LAYER BAR **3. \*\***
- VEGAN CARROT CUPCAKE **4. \*\***

## DRINKS

- SEASONAL LEMONADE GALLON **26. / HALF GALLON 13.**
- KATZ BLACK TEA GALLON **20. / HALF GALLON 10.**
- HOUSE ICED COFFEE (WITH FLAX MILK) **4.5**
- BOTTLED PAT GREER'S KOMBUCHA **4.5**
- KATZ NITRO COLD BREW COFFEE **4.**
- BOTTLED WATER **1.5**
- YERBA MATE TEA **3.5**

**\*\* CONTAINS NUTS OR SEEDS**

## UPPER KIRBY

**TO PLACE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT  
HOUSTONLOCALFOODS.COM OR CALL US AT 713.255.4440**

**24 HOURS** ADVANCED NOTICE & **\$125 ORDER MINIMUM** IS REQUIRED FOR LUNCH DELIVERY.  
DELIVERY FEE IS BASED ON DISTANCE.

FILL OUT OUR CATERING ORDER FORM & EMAIL IT TO  
**UPPERKIRBY@HOUSTONLOCALFOODS.COM**  
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

**PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.**