LOCAL Foods
CATERING MENU

UPPER KIRBY

713.255.4440 / 2555 KIRBY DR. HOUSTON, TX 77019
WWW.HOUSTONLOCALFOODS.COM
# Group Lunch

**Something for Everyone**

## Group Orders

<table>
<thead>
<tr>
<th></th>
<th>Small (Serves 7-11 People)</th>
<th>Medium (Serves 12-17 People)</th>
<th>Large (Serves 18-26 People)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9 Sandwiches 3 Market Sides</td>
<td>15 Sandwiches 4 Market Sides</td>
<td>24 Sandwiches 5 Market Sides 1 Bowl Salad</td>
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<tr>
<td></td>
<td>$125</td>
<td>$194</td>
<td>$295</td>
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</tbody>
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### Market Sides

<table>
<thead>
<tr>
<th></th>
<th>Regular (Serves 7-11 People)</th>
<th>Large (Serves 10-15 People)</th>
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<tbody>
<tr>
<td></td>
<td>$12</td>
<td>$24</td>
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</tbody>
</table>

- Broccoli-Quinoa: Feta, Lemon, Sunflower Seeds **
- Housemade Chips: Old Bay Seasoning
- Beet-Lentil: Cranberries, Pickled Onion, Tahini, Spinach **

### Soups

<table>
<thead>
<tr>
<th></th>
<th>$4 Cup / $6 Bowl / $10 Quart</th>
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</thead>
</table>
|   | Green Chile Posole: Chicken, Hominy, Poblano, Green Chiles, Cilantro, Pumpkin Seed Garnish **
|   | Vegan Chowder: Oyster Mushrooms, Root Vegetables, Coconut Milk, Oyster Crackers & Garlic Oil Garnish **

### Bowl Salads

<table>
<thead>
<tr>
<th></th>
<th>Serves 6-12 People</th>
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<tbody>
<tr>
<td></td>
<td>Your choice of Harvest / Asian / Taco / Vegan Caesar: $44</td>
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<tr>
<td></td>
<td>(Does not include protein)</td>
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<tr>
<td></td>
<td>Add Chicken: +$15</td>
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<td></td>
<td>Add Shrimp: +$19</td>
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### Bulk House Salad Dressings

<table>
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<tr>
<th></th>
<th>$10 - 16oz Bottle</th>
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<tbody>
<tr>
<td></td>
<td>Vegan Caesar / Herb Vinaigrette / Lemon Dressing</td>
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### Hummus Platter

<table>
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<tr>
<th></th>
<th>$28</th>
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<tbody>
<tr>
<td></td>
<td>(Serves 6-8 People)</td>
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<td></td>
<td>Served with assorted vegetables</td>
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## Serving Supplies

<table>
<thead>
<tr>
<th></th>
<th>Utensil Kit: Fork/Spoon/Knife/Napkin $0.25 Per Kit</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Plates: $0.25</td>
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<tr>
<td></td>
<td>Bowls: $0.25</td>
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<tr>
<td></td>
<td>Cups: $0.25</td>
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<tr>
<td></td>
<td>Serve Ware: Fork/Spoon/Tong/Ladle $1 Each</td>
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</tbody>
</table>

**Contains Nuts or Seeds**
BOX LUNCH
LET US MAKE IT PERSONAL

SANDWICHES
SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

QUINOA BURGER
SMOKED QUINOA-BEAN PATTY, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN 12.

GULF SEAFOOD
GULF SHRIMP, BLUE CRAB, ROMAINE, TOMATO, PICKLED ONION, GREEN GODDESS, CIABATTA 14.

CRUNCHY CHICKEN
NUT/SEED "CRUMBLE," PROVOLONE, ROMAINE, PICKLES, TOMATO, CRUSHED CHIPS, BUTTERMILK RANCH, PRETZEL BUN 12.5

GARDEN SAMMIE
BRUSSELS SPROUTS, AVOCADO, CURRIED CAULIFLOWER, HUMMUS, TOMATO, SPROUTS, PICKLED ONION, CIABATTA 10.5
ADD CHICKEN 13.
AS A SALAD W/CHICKEN 14.

“BANH MI”
BLACK HILL RANCH PORK, JALAPENO PICKLED RED ONION, CILANTRO, CUCUMBER, AIOLI, SAMBAL, BAGUETTE 12.5

TRUFFLED EGG SALAD
MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 10.

SALADS

SEASONAL HARVEST
FETA CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT & VEGGIES, ALMONDS, FRESH HERB VINAIGRETTE 11.5
ADD CHICKEN OR TOFU 13.5 / ADD SHRIMP 14.5

ASIAN CHICKEN
NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, EDAMAME, PICKLES, GINGER-SOY DRESSING, PEANUT SAUCE 12.5 **
ADD CHICKEN OR TOFU 12.5 / ADD SHRIMP 13.5

VEGAN CESAR
BABY KALE & ROMAINE, CASHEW “CHEESE,” CRISPY BUTTERNUT SQUASH, CROUTONS, RADISH, SPICED PECANS 10.5 **
ADD CHICKEN OR TOFU 12.5 / ADD SHRIMP 13.5

TACO SALAD
BABY KALE & ROMAINE, VEGAN "TACO MEAT," AVOCADO, PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 12.5

SALMON POKE  (CONTAINS RAW FISH)
SPICY QUINOA, AVOCADO, EDAMAME, GREEN BEANS, RADISH, BEETS, NORI, SESAME SALT, SANBAIZU 17.5

** CONTAINS NUTS OR SEEDS
DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) 19.
MEDIUM ASSORTED PLATTER (SERVES 11-18) 29.
LARGE ASSORTED PLATTER (SERVES 19-24) 39.
CHOCOLATE CHIP PECAN COOKIE 2. **
GLUTEN-FREE 7-LAYER BAR 3. **
VEGAN CARROT CUPCAKE 4. **

DRINKS

KATZ BLACK TEA GALLON 20. / HALF GALLON 10.
HOUSE ICED COFFEE (WITH FLAX MILK) 4.5
BOTTLED PAT GREER’S KOMBUCHA 4.5
KATZ NITRO COLD BREW COFFEE 4.
BOTTLED WATER 1.5
YERBA MATE TEA 3.5

** CONTAINS NUTS OR SEEDS

UPPER KIRBY

TO PLACE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT HOUSTONLOCALFOODS.COM OR CALL US AT 713.255.4440

24 HOURS ADVANCED NOTICE & $125 ORDER MINIMUM IS REQUIRED FOR LUNCH DELIVERY. DELIVERY FEE IS BASED ON DISTANCE.

FILL OUT OUR CATERING ORDER FORM & EMAIL IT TO UPPERRKIRBY@HOUSTONLOCALFOODS.COM
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.