### Option One

**Group Lunch**

**Something for Everyone**

#### Platters

<table>
<thead>
<tr>
<th>Size</th>
<th>Sandwiches</th>
<th>Market Sides</th>
<th>Serves</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>9</td>
<td>3</td>
<td>7-11</td>
<td>$125</td>
</tr>
<tr>
<td>Medium</td>
<td>15</td>
<td>4</td>
<td>12-17</td>
<td>$194</td>
</tr>
<tr>
<td>Large</td>
<td>24</td>
<td>5</td>
<td>18-26</td>
<td>$295</td>
</tr>
</tbody>
</table>

#### Market Sides

- **Housemade Chips**
  - Old Bay Seasoning

- **Acorn Squash & Cauliflower**
  - Green Beans, Cilantro, Flax Seed, Pomegranate **

- **Fall Pasta**
  - Garganelle, Vegan Pumpkin Alfredo, Currants, Butternut Squash, Bell Pepper, Pepitas **

- **Tuscan Kale**
  - Golden Raisins, Pine Nuts, Parmesan **

- **Vegan Sweet Potato Salad**
  - Vegan Aioli, Red Onion, Hominy, Broccoli, Dried Cranberries

- **Dill Pickles**
  - Made in House

#### Bowl Salads

- Your choice of the Seasonal Harvest or Asian Salad
  - Serves 10-15 People
  - $44
  - (Does not include protein)
  - Add Chicken or Tofu $15, Add Shrimp $19

**Contains Nuts or Seeds**
AVOCADO BLT
APPLEWOOD BACON, AVOCADO, SUMMER CRISP, FRIED EGG, TOMATO, SPICY AIOLI, SOURDOUGH 14.5

GULF SHRIMP & CRAB
GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14.

GARDEN SAMMIE
BRUSSELS SPROUTS, AVOCADO, CURRIED CAULIFLOWER, HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA 10.5
ADD CHICKEN 13.
AS SALAD W/ CHICKEN. 14.

TRUFFLED EGG SALAD
TOMATO, PARMESAN, AIOLI, PRETZEL BUN. 10.

“CRUNCHY” CHICKEN
NUT “CRUMBLE”, PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, CRUSHED CHIPS, PRETZEL BUN. 12.5 **

“BANH MI”
BLACK HILL RANCH PORK, PICKLED ONION, CUCUMBER, JALAPENO, CILANTRO, SAMBAL, AIOLI, BAGUETTE.
SUB TOFU OPTIONAL 12.5

SOUPS $4 ½ PINT / $6 PINT / $10 QUART
GREEN CHILE POSOLE
CHICKEN, HOMINY, POBLOANO, GREEN CHILES, CILANTRO, PUMPKIN SEED GARNISH **

VEGAN CHILI
TOMATO, NAVY BEANS, TVP, ONION, PICKLED RED ONION GARNISH **

VEGAN MEATBALL SUB
MUSHROOM & QUINOA “MEATBALLS”, MARINARA, ARUGULA PESTO, GIARDINIERA, BOLLILO ROLL 12. **

DUCK CONFIT
BRIE CHEESE, ARUGULA, CRANBERRY JAM, AIOLI, WALNUT WHEAT 18.5 **

GULF SHRIMP & CRAB
GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14.

“BANH MI”
BLACK HILL RANCH PORK, PICKLED ONION, CUCUMBER, JALAPENO, CILANTRO, SAMBAL, AIOLI, BAGUETTE.
SUB TOFU OPTIONAL 12.5

SEASONAL HARVEST
HERBED GOAT CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT, ALMONDS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 11.5 **
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

DUCK CONFIT
BRIE CHEESE, ARUGULA, CRANBERRY JAM, AIOLI, WALNUT WHEAT 18.5 **

BEET HUMMUS
$20
SERVES 6-8 PEOPLE
SERVED WITH ASSORTED VEGETABLES & GARLIC OIL

VEGAN TACO
BABY KALE & ROMAINE, VEGAN “TACO MEAT,” AVOCADO PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 12.5 **

SHRIMP & ARUGULA
GULF SHRIMP, BROWN RICE, PECORINO CHEESE, SPICED PECANS, CRANBERRIES, LEMON VINAIGRETTE 14.5 **

ASHIAN CHICKEN
OVEN ROASTED CHICKEN, NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 12.5 **

** CONTAINS NUTS OR SEEDS
TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT HOUSTONLOCALFOODS.COM OR CALL US AT 713.521.7800.

24 HOURS ADVANCED NOTICE & $125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE. ALL ORDERS OVER $500 WILL INCLUDE AN AUTOMATIC 10% GRATUITY. PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.