SANDWICH PLATTERS AND SHARABLES

WE HAVE SOMETHING FOR EVERYONE! (PLEASE LET US HELP NAVIGATE ANY DIETARY REQUESTS)

GROUP LUNCH

**SMALL**
9 SANDWICHES
3 MARKET SIDES
SERVES 7-11 PEOPLE
$125

**MEDIUM**
15 SANDWICHES
4 MARKET SIDES
SERVES 12-17 PEOPLE
$194

**LARGE**
24 SANDWICHES
5 MARKET SIDES
GROUP BOWL SALAD
SERVES 18-26 PEOPLE
$295

MARKET SIDES
$18 INDIVIDUALLY

RED POTATO SALAD DILL, EGG, HOUSE AIOLI
HOUSEMADE CHIPS OLD BAY SEASONING
TX CAVIAR BARLEY, ASPARAGUS, RED BELL PEPPER**

JICAMA SLAW KHOIRABI, CILANTRO, SUGAR-SNAP PEAS
TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN **
DILL PICKLES HOUSE BRINE RECIPE

SOUPS
$4 CUP $6 BOWL $10 QUART

GREEN CHILE POSOLE CHICKEN, HOMINY, POBLANO,
GREEN CHILES, CILANTRO,
PUMPKIN SEED GARNISH **

VEGAN BROCCOLI "CHEDDAR" NUTRITIONAL YEAST
& BROCCOLINI,
CASHEWS, PUREED POTATO
(CONTAINS NUTS)

GROUP BOWL SALADS
$48 SERVES 10-15 PEOPLE
(DOES NOT INCLUDE PROTEIN ALL CHEESE ON SIDE)

SEASONAL HARVEST MIX**
ASIAN MIX**
VEGAN TACO MIX**
CRUNCHY CHICKEN AS SALAD MIX**
ADD PROTEIN $15—CHICKEN, TOFU, OR VEGAN TACO MEAT
$19—SHRIMP

MORE TO SHARE
SERVES 8-10 PEOPLE

SEASONAL HUMMUS PLATTER $28
WITH VEGGIE CRUDITE AND GARLIC OIL**

VEGAN CASHEW “QUESO” $20
WITH VEGAN TACO MEAT AND HOUSE TORTILLA CHIPS**

FRUIT BOWL ASSORTED SEASONAL FRUITS

GRANOLA BOWL WITH ASSORTED FRUITS, NUTS, YOGURT**

SERVING SUPPLIES

MEAL UTENSIL KIT
FORK/SPOON/KNIFE/NAPKIN
$.25 PER KIT

SIDES/SALAD SERVE-WARE
FORK/TONGS/LADLE
$1 EACH

“GREEN” PAPER PLATES
“GREEN” PAPER BOWLS
PLANT BASED PLASTIC CUPS
$.25

** CONTAINS NUTS OR SEEDS
BOXED LUNCH SALAD AND SANDWICH OPTIONS

NEED IT MORE PERSONAL? WE HAVE SOMETHING FOR EACH OF YOU! INDIVIDUALLY BOXED AND LABELED MEALS

SANDWICHES
SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP. SANDWICHES MAY ALSO BE PREPARED AS BOX LUNCH SALADS

BHR PORK BANH MI
GRILLED PORK, CARROT/CUCUMBER SLAW, PICKLED ONIONS JALAPENOS, SAMBAL, AIOLI, BAGUETTE 13.5

CRUNCHY CHICKEN
NUT/SEED “CRUMBLE”, PROVOLONE, ROMAINE, PICKLES, TOMATO, CRUSHED CHIPS, RANCH ON PRETZEL BUN 13.5 **

GULF SHRIMP & CRAB
ROMAINE, TOMATO, PICKLED RED ONION, GREEN GODDESS ON CIBABATTA 14.5

GARDEN SAMMIE
BRUSSELS SPROUTS, AVOCADO, HUMMUS, CURRIED CAULIFLOWER, TOMATO, SPROUTS, PICKLED ONIONS, ON CIABATTA 11.5
ADD CHICKEN 14.5
AS SALAD W/ CHICKEN 14.5

TOASTED HAM AND CHEESE
BLACK HILLS RANCH HAM, ROMAINE, TOMATO, SWISS CHEESE, JALPENO AIOLI, TOASTED CIABATTA 13.5

QUINOA BURGER
SMOKED QUINOA PATTY, TOMATO, ROMAINE, PICKLES, RED ONION, VEGAN SECRET SAUCE, PRETZEL BUN 11.5

TRUFFLED EGG SALAD
MIXED GREENS, TOMATO, PARMESAN, AIOLI PRETZEL BUN 11.5

ASIAN CHICKEN
NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 13.5 **

LOCAL’S POWER BOWL
PINK EYE PEAS, KALE, QUINOA, TOFU, CRISPY BRUSSELS, HEIRLOOM CARROT WITH CHILI TAHINI 14.5
POWER UPS: ADD CHICKEN OR SHRIMP 17.5 OR SHRIMP 19.5

SALADS

SEASONAL HARVEST
TX GOAT CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT, SUNFLOWER SEEDS, SEASONAL VEGETABLES
FRESH HERB VINAIGRETTE 12.5 **
ADD CHICKEN OR TOFU 15.5 ADD SHRIMP 17.5

ASIAN CHICKEN
NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 13.5 **

LOCAL’S POWER BOWL
PINK EYE PEAS, KALE, QUINOA, TOFU, CRISPY BRUSSELS, HEIRLOOM CARROT WITH CHILI TAHINI 14.5
POWER UPS: ADD CHICKEN OR SHRIMP 17.5 OR SHRIMP 19.5

GULF SHRIMP & CRAB
ROMAINE, TOMATO, PICKLED RED ONION, GREEN GODDESS ON CIABATTA 14.5

TRUFFLED EGG SALAD
MIXED GREENS, TOMATO, PARMESAN, AIOLI PRETZEL BUN 11.5

ADD CHICKEN OR TOFU 15.5 ADD SHRIMP 17.5

ASIAN CHICKEN
NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 13.5 **

LOCAL’S POWER BOWL
PINK EYE PEAS, KALE, QUINOA, TOFU, CRISPY BRUSSELS, HEIRLOOM CARROT WITH CHILI TAHINI 14.5
POWER UPS: ADD CHICKEN OR SHRIMP 17.5 OR SHRIMP 19.5

SEALED HANFURST
TX GOAT CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT, SUNFLOWER SEEDS, SEASONAL VEGETABLES
FRESH HERB VINAIGRETTE 12.5 **
ADD CHICKEN OR TOFU 15.5 ADD SHRIMP 17.5

ASIAN CHICKEN
NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS, TOASTED CASHEWS, CRISPY RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 13.5 **

LOCAL’S POWER BOWL
PINK EYE PEAS, KALE, QUINOA, TOFU, CRISPY BRUSSELS, HEIRLOOM CARROT WITH CHILI TAHINI 14.5
POWER UPS: ADD CHICKEN OR SHRIMP 17.5 OR SHRIMP 19.5

SALMON POKE (CONTAINS RAW FISH)
KELP NOODLES, FRISSEE LETTUCE, SLICED AVOCADO, RUBY RED GRAPEFRUIT, CANDIED JALAPENO, CRISPY HERBS, NUT MIXTURE 17.5**

TACO SALAD
BABY KALE & ROMAINE, VEGAN “TACO MEAT,” AVOCADO, PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 14

VEGAN “CAESAR” SALAD
SEASONED CELERY, HOUSE CROUTONS, CASHEW “PARMESAN CHEESE,” BABY KALE & ROMAINE MIX 11.5**

** CONTAINS NUTS OR SEEDS
**DESSERTS AND DRINKS**

LAST BUT NOT LEAST TO COMPLETE YOUR FEAST!

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**DESSERTS**

- SMALL ASSORTED PLATTER (SERVES 6-10) 19
- MEDIUM ASSORTED PLATTER (SERVES 11-18) 29
- LARGE ASSORTED PLATTER (SERVES 19-24) 39
- CHOCOLATE CHIP COOKIE 2.5
- VEGAN CARROT CUPCAKE 4 **
- VEGAN GLUTEN-FREE CHOCOLATE BROWNIE 4

*All dessert platters will include: chocolate chip cookies, carrot cake cupcakes, and vegan gluten-free brownies unless otherwise requested.

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**DRINKS**

- SEASONAL LEMONADE GALLON 26 HALF GALLON 13
- KATZ BLACK TEA GALLON 20 HALF GALLON 10
- HOUSE ICED COFFEE (WITH SOY MILK) 4.5
- KATZ NITRO COLD BREW COFFEE 4
- BOTTLED WATER 1.5
- PAT GREER’S SEASONAL KOMBUCHA 4.5
- YERBA MATE TEA 3.5
- TOPO CHICO SPARKLING WATER 3.
- RICHARD’S RAINWATER STILL WATER 3.
- MEXICAN COKE 3.
- SAINT ARNOLD’S ROOT BEER 3.5
- MARTINELLI APPLE JUICE 3.5

**CONTAINS NUTS OR SEEDS**

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT HOUSTONLOCALFOODS.COM OR CALL US AT 713.789.0642.

24 HOURS ADVANCED NOTICE & $125 ORDER MINIMUM IS REQUIRED FOR LUNCH DELIVERY.

A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.