Sandwiches

**EGG WHITE WRAP**
KALE, MUSHROOMS, SPINACH, SOFRITO, PICKLED ONION, FETA, GUACAMOLE, GF WRAP 14.

**AVOCADO & EGG BLT**
FRIED EGG, CRISPY BACON LETTUCE, TOMATO, AIOLI, DUTCH CRUNCH ROLL 14.

**BREAKFAST SANDWICH**
BODEGA EGGS, BACON, CHEDDAR, "BREAKFAST SAUCE", DUTCH CRUNCH ROLL 12.

**BRUNCHY CHICKEN**
FARM EGG, BACON, MUSTARD, NUT-SEED CRUMBLE**, CRUSHED CHIPS, HOUSE PICKLES, TOMATO, LETTUCE, PROVOLONE, PRETZEL 13. **
(ORIGINAL "CRUNCHY CHICKEN" ALSO AVAILABLE BY REQUEST)

**"BANH MI"**
GRILLED BLACK HILL RANCH PORK, PICKLED ONION, CARROT-CUCUMBER MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH BAGUETTE 12.

**GULF SEAFOOD GUMBO**
SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION, LETTUCE, GREEN GODDESS, CIABATTA 13.5

**GARDEN SAMMIE**
HUMMUS, AVOCADO, PICKLED ONION, BRUSSEL SPROUTS, TOMATO, CURRIED CAULIFLOWER, SPROUTS, CIABATTA 10.
ADD CHICKEN 12.5  AS A SALAD W/ CHICKEN 13.5

**SEASONAL HARVEST**
MIXED GREENS, MARKET VEGGIES, GOAT CHEESE RICOTTA, SPROUTS, TOASTED SUNFLOWER SEEDS, FRESH HERB VINAIGRETTE 11.5 **
ADD CHICKEN, TOFU 13.5, OR SHRIMP 14.5

**TACO SALAD**
VEGAN
BABY KALE MIX, VEGAN "TACO MEAT," AVOCADO, ROASTED CIJANTO-CORN, GRAPE TOMATO, PICKLED ONIONS, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 12.5 **

**ASIAN CHICKEN**
NAPA CABBAGE, PICKLED CUCUMBER, BEAN SPROUTS, CRISPY RICE NOODLES, CASHEWS, SPICY PEANUT SAUCE, GINGER-SOY VINAIGRETTE 12.5 **

Toasts

**BANANAS FOSTER FRENCH TOAST**
$8 **
WALNUT CARAMEL SAUCE, BANANAS, RED RASPBERRIES, POWDERED SUGAR

**NUTELLA TOAST**
$6 **
CHALLAH TOAST, BANANAS, RASPBERRIES, CRUNCHY NUT-SEED CRUMBLE

Burrata & Avocado Toast $8**
HEIRLOOM TOMATO, BALSAMIC REDUCTION, BASIL OIL, WHEAT TOAST

Light / Vegan

**YOGURT PARFAIT**
$8 **
HOUSEMADE GRANOLA**, FRESH BERRIES, AGAVE, CASHEW YOGURT

**CASHEW-COCONUT GRANOLA**
$6 **
SERVED WITH VANILLA SOY MILK

Sides

**SEASONAL FRUIT**
RED POTATO SALAD  EGG, CELERY, DILL
PUMPKIN SEEDS  A LA CARTE 3.
HOUSEMADE CHIPS  W/ OLD BAY SEASONING
DILL PICKLE SPEARS

Soups

**CUP 3.5 / BOWL 5.5**

**CHICKEN POSOLÉ**
POBLANO, GREEN CHILES, HOMINY, CIJANTO & PUMPKIN SEED GARNISH **

**VEGAN GUMBO**
KIDNEY BEANS, CARROTS, SCALLIONS, BROWN RICE

Drinks

**ORANGE JUICE**  3.5
**HOT COFFEE**  2.5
**LATTE / CAPPUCINO**  4.5
HONEY ICED COFFEE  4.5
COLD BREW NITRO DRAFT  6.
SEASONAL MINTADE  3

**"MEDITERRANEAN" BREAKFAST**  $15 **
VEGAN
FALAFEL**, TOMATO-CUCUMBER SALAD, AVOCADO, HUMMUS, TOASTED PITA BREAD, VEGAN "LABNEH" **
(ADD EGGS + $3)

**CHICKEN POWER BOWL**  $14 **
ANCIENT GRAIN, CUCUMBER, TOMATO, MINT, DILL, BELL PEPPERS, GOLDEN RASINS, CASHEW VINAIGRETTE
(ADD EGGS + $3)

Sandwiches

**PROUDLY SERVING SLOW DOUGH BREAD**

**CHORIZO & EGGS**  $14 (VEGETARIAN OPTION AVAILABLE)
SCRAMBLED EGGS, TEXAS CHORIZO, POTATO, CHEDDAR, BLACK BEANS, HOUSE SALSA, CORN TORTILLAS

**BREAKFAST PLATE**  $13
SCRAMBLED EGGS, APPLEWOOD SMOKED BACON, POTATO HASH, TOAST, HOUSEMADE JAM, SIDE OF FRUIT

**GULF SEAFOOD GUMBO**  $16
SCALLIONS, BROWN RICE, BAGUETTE TOAST

**5% SURCHARGE FOR ALL TO-GO ORDERS**

**PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.**

**CONSUMING RAW OR UNDERCOOKED EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.**

**SEASONAL HARVEST**
MARKET VEGGIES, GOAT CHEESE RICOTTA, SPROUTS, TOASTED SUNFLOWER SEEDS, FRESH HERB VINAIGRETTE 11.5 **
ADD CHICKEN, TOFU 13.5, OR SHRIMP 14.5

**TACO SALAD**
VEGAN
BABY KALE MIX, VEGAN "TACO MEAT," AVOCADO, ROASTED CIJANTO-CORN, GRAPE TOMATO, PICKLED ONIONS, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 12.5 **

**ASIAN CHICKEN**
NAPA CABBAGE, PICKLED CUCUMBER, BEAN SPROUTS, CRISPY RICE NOODLES, CASHEWS, SPICY PEANUT SAUCE, GINGER-SOY VINAIGRETTE 12.5 **

**5% SURCHARGE FOR ALL TO-GO ORDERS**

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**TO-GO : 5. PINT / 8. QUART**

**CUP 3.5 / BOWL 5.5**

**CHICKEN POSOLÉ**
POBLANO, GREEN CHILES, HOMINY, CIJANTO & PUMPKIN SEED GARNISH **

**VEGAN GUMBO**
KIDNEY BEANS, CARROTS, SCALLIONS, BROWN RICE

**MIMOSA**
$4 GL / $18 CARAFE

**MARKET SANGRIA**
$8

**SAKE BLOODY MARY**
$6

**LOCAL MICHELADA**
$7