

Munch while you wait!

Featured Supplier

BLUE HORIZON SEAFOOD

Fresh from the boat, Blue Horizon Seafood Owner Frixos Chrisinis strives to provide the freshest fish that the Gulf has to offer.

 LOOK FOR THIS ICON ON OUR MENU

 **CARROT HUMMUS VG GF**
VEGGIE CRUDITE, ZA'ATAR,
SUNFLOWER SEEDS 8. **

CASHEW QUESO ** VG GF
PICO DE GALLO, VEGAN TACO MEAT,
HOUSE TORTILLA CHIPS 9. **

SANDWICHES
COME WITH
2 HOUSE SIDES
OR A CUP
OF SOUP

Sandwiches

SUB A HOMEMADE
GLUTEN-FREE WRAP \$2.5

TRUFFLED EGG SALAD

GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 11.

"CRUNCHY" CHICKEN

NUT-SEED CRUMBLE, CRUSHED CHIPS, LETTUCE,
TOMATO, HOUSE PICKLES, PROVOLONE,
BUTTERMILK RANCH, PRETZEL BUN 13. **

"BANH MI"

CHARRED 'BHR' PORK, PICKLED ONION,
JALAPEÑO, CILANTRO, SAMBAL, AIOLI,
FRENCH BAGUETTE 13.

(ask your server how to make it vegan!)

GULF SEAFOOD

SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION,
LETTUCE, GREEN GODDESS DRESSING, CIABATTA 14.

GARDEN SAMMIE VG

BRUSSELS SPROUTS, AVOCADO, HUMMUS, PICKLED ONION,
TOMATO, CURRIED CAULIFLOWER, SPROUTS, CIABATTA 11.

HOT HAM & CHEESE

BLACK HILL RANCH HAM, SWISS CHEESE, ROMAINE,
TOMATO, JALAPENO AIOLI, TOASTED CIABATTA 13.

FRIED EGG BLT

CRISPY BACON, LETTUCE, TOMATO, AVOCADO SPREAD,
SRIRACHA AIOLI, HARVEST WHEAT 15.

ANY
SANDWICH
MAY BE
PREPARED AS
A SALAD

Salads

SEASONAL HARVEST V GF

GREENS, MARKET VEGGIES, TX GOAT CHEESE,
SPROUTS, TOASTED SUNFLOWER SEEDS, FENNEL,
SPICED APPLES, FRESH HERB VINAIGRETTE, 12.5 **

TACO SALAD VG GF

BABY KALE, VEGAN "TACO MEAT," AVOCADO,
ROASTED CILANTRO-CORN, TOMATO, PICKLED
ONIONS, TORTILLA STRIPS, PUMPKIN SEEDS,
LIME VINAIGRETTE 13.5 **

ASIAN CHICKEN GF

NAPA CABBAGE, PICKLED CUCUMBER, BEAN SPROUTS,
CRISPY RICE NOODLES, CASHEWS, GINGER-SOY
VINAIGRETTE, SPICY PEANUT SAUCE 13. **

SHRIMP COBB GF

CHOPPED ROMAINE, AVOCADO, BACON, CHOPPED EGG,
CILANTRO-CORN, TOMATO, PICKLED ONION,
RED WINE VINAIGRETTE 15. **

SOLSTICE POWER BOWL VG

CHEF'S BEAN BLEND, RUBBED KALE, BARLEY, BRUSSELS,
SPICED TOFU, CARROTS, SWEET CHILI TAHINI 14.

ADD A PROTEIN TO ANY SALAD
TOFU OR CHICKEN 3. SHRIMP 5. SALMON 8.

Sides

TUSCAN KALE PINENUTS, PARMESAN, GOLDEN RAISINS **

RED POTATO SALAD DILL, CELERY, EGG

HOUSEMADE CHIPS OLD BAY SEASONING

SEASONAL FRUIT LOCAL STRAWBERRIES

PUMPKIN SEEDS CAJUN SEASONING

DILL PICKLES HOUSE BRINE

Soup

CUP 3.5 / BOWL 5.5

OUR CLASSIC CHICKEN POSOLE

POBLANO, GREEN CHILES, HOMINY, CILANTRO
& PUMPKIN SEED GARNISH **

Wine



10 GLASS / 38 GURGLE POT

ANGELINE SAUVIGNON BLANC

NO CURFEW PINOT NOIR

NO CURFEW CABERNET SAUVIGNON

LEMELSON PINOT GRIS 10 / 40

OLEMA CHARDONNAY 10 / 32

STOLLER ROSE 10 /

SEE REVERSE SIDE
FOR BOTTLES &
TO-GO
WINE PRICING

UNDERSTAND OUR MENU

 NEIGHBORHOOD FAVORITES

** CONTAINS NUTS/SEEDS

GF GLUTEN FREE

V VEGETARIAN

VG VEGAN

PLEASE INFORM US OF ANY FOOD ALLERGIES
BEFORE ORDERING



Neighborhood Favorites

This icon means the dish is exclusive to this Local Foods. Perhaps it highlights seasonal ingredients or reflects our chef's style of cuisine, a favorite preparation or unique recipe. Enjoy.

We are committed to using fresh, locally-sourced, high quality ingredients. Our shrimp is wild caught; our chicken, beef, pork and eggs are cage free, hormone free, and come from sustainable farms.

