Sandwiches

VEGAN MEATBALL MARINARA, SPINACH-BASIL PESTO, SPICY GIADINIERA, BAGUETTE 11.5 **

SMOKED SALMON SWEET PEPPER REMOULADE, DILL HUMMUS, GREENS, GOLDEN BAGEL’S EVERYTHING BAGEL 12. **

GARDEN SAMMIE BRUSSELS SPROUTS, AVOCADO, HUMMUS, PICKLED ONION, TOMATO, CURRIED CAULIFLOWER, SPROUTS, CIABATTA 10. ADD CHICKEN 12.5

AVOCADO BLT FRIED EGG, BACON, BIBB LETTUCE, AIOLI, HEIRLOOM TOMATO, SOURDOUGH 14.

BANH MI GRILLED BLACK HILL RANCH PORK, PICKLED ONION, CARROT/CUCUMBER MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, BAGUETTE 12. ** (TOFU AVAILABLE UPON REQUEST)

GULF SEAFOOD SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION, LETTUCE, GREEN GODDESS, CIABATTA 13.5

TRUFFLED EGG SALAD GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 9.5

PASTRAMI 44FARMS BEEF, PROVOLONE, SAUERKRAUT, RUSSIAN DRESSING, MARBLE RYE 14.

“CRUNCHY” CHICKEN NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, HOUSE PICKLES, ROMAINE, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 12. **

DUCK CONFIT CRANBERRY SAUCE, BRIE CHEESE, ARUGULA, AIOLI, WALNUT-WHEAT 18. **

Wines on Tap

SEASONAL LEMONADE / TEA / SODA 3.
YERBA MATE HIBISCUS TEA 4.5
BOTTLED SODA / WATER 3.
PAT GREER'S SEASONAL KOMBUCHA 4.5
HONEY ICED COFFEE 4.5 **
COLD BREW NITRO DRAFT 4.
CAPPUCCINO / LATTE 4.

Appetizers

AVOCADO TOAST 8. **
WALNUT-WHEAT, POMEGRANATE SALSA, MICRO GREENS ADD A FRIED EGG 1.

VEGAN CASHEW QUESO 9. **
RED CHILI TACO MEAT, CORN TORTILLA CHIPS

ROASTED BUTTERNUT HUMMUS 8. **
OLIVE OIL, HEIRLOOM CARROTS, SMOKED SEA SALT, WARM PITA BREAD

Sides

4. EACH / 3 SIDES FOR 11.
TO-GO: 5. PINT / 8. QUART

GREEK QUINOA TOMATOES, RED ONION, KALAMATA OLIVES, CUCUMBER, VEGAN FETA

DILL PICKLE SPEARS BEET SALAD APPLES, WHEATBERRIES, LEMON, HONEY, MINT, PISTACHIO **

HOUSEMADE CHIPS OLD BAY SEASONING PUMPKIN SEEDS SPICY SEASONING

SWEET POTATO SALAD DELICATA SQUASH, CRANBERRY, CHIPOTLE-MAPLE VEGAN AIOLI

SEASONAL FRUIT TUSCAN KALE PINE NUTS, PARMESAN **

Soups

CUP 3.5 / BOWL 5.5 SIDE OF TOAST 1.

CHICKEN POSOLÉ Poblano, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED **

VEGAN PUMPKIN SOUP CHILE SAUCE, PUMPKIN SEEDS, FRIED BASIL **

Salads

TURKEY COBB TOMATO, EGG, AVOCADO, BACON, CUCUMBER, WHITE CHEDDAR, AGAVE CREOLE MUSTARD DRESSING 14.

ASIAN CHICKEN NAPA CABBAGE, CRISPY RICE NOODLES, BEAN SPROUTS, CASHEWS, HOUSE PICKLES, GINGER-SOY VINAIGRETTE, SPICY PEANUT SAUCE 12. **

FALL SALMON SALAD GRILLED SALMON FILET, SPINACH, RED APPLE, GORGONZOLA CHEESE, ROASTED PUMPKIN SEEDS, RED ONION, MAPLE VINAIGRETTE 18. **


TACO SALAD BABY KALE & ROMAINE, VEGAN “TACO MEAT,” AVOCADO, CILANTRO-POSOLE, PICKLED ONIONS, TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 12. **