



# LUNCH SPECIALS

WEDNESDAY, MARCH 20, 2019 / HEIGHTS

## Drink Special

### THROWING SHADE

GIN, LAVENDER, BUTTERFLY PEA FLOWER, HONEY \$11

### TRIBAL ORGANIC JUICE "CHIEF"

KALE, CUCUMBER, CELERY, PARSLEY, LEMON GINGER \$8

### TRIBAL ORGANIC JUICE "RAIN DANCE"

CUCUMBER, APPLE, LEMON, DANDELION GREENS, KALE \$8

### YERBE MATE HIBISCUS LIME TEA

GUAYAKI ORGANIC, HIBISCUS, ROSE PETAL, GINGER, LIME \$5

## LUNCH FEATURES

### PAN SEARED SALMON

HERB CAULIFLOWER, RAINBOW CARROTS, LOCAL GREENS, MANGO VINAGRETTE \$17

### VEGAN POWER BOWL

BEANS, ROASTED TURNIPS, PEAS, CURRIED TOFU,  
CHERRY TOMATOES, AVOCADO VINAIGRETTE \$14

### HOUSE BREAD PUDDING

SOURDOUGH, VANILLA CRÈME ANGLAIS, CAJETA, STRAWBERRY COMPOTE \$5

### VEGAN CARROT CAKE CUPCAKE

VEGAN ICING, WALNUTS \$4.5