



LOCAL

— Foods —

Catering Menu

———— DOWNTOWN ————

713-227-0531 WWW.HOUSTONLOCALFOODS.COM

OPTION ONE

GROUP LUNCH

SOMETHING FOR EVERYONE

PLATTERS

SMALL

9 SANDWICHES
3 MARKET SIDES
SERVES 7-11 PEOPLE

\$116

MEDIUM

15 SANDWICHES
4 MARKET SIDES
SERVES 12-17 PEOPLE

\$194

LARGE

24 SANDWICHES
5 MARKET SIDES
BOWL SALAD
SERVES 18-26 PEOPLE

\$272

MARKET SIDES

SMALL

SERVES 4-6 PEOPLE
\$12

MEDIUM

SERVES 7-9 PEOPLE
\$18

LARGE

SERVES 10-15 PEOPLE
\$24

SOBA NOODLES CUCUMBERS, SNOW PEAS, CILANTRO

QUINOA BROCCOLI, CARROT, FETA, WALNUTS **

DILL PICKLES MADE IN HOUSE

SCALLOPED POTATO SALAD DILL, SPRING ONION, HONEY

HOUSE MADE CHIPS OLD BAY SEASONING

TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN **

BOWL SALADS

YOUR CHOICE OF THE
SUMMER HARVEST, ASIAN SALAD OR WATERMELON ARUGULA
SERVES 10-15 PEOPLE

\$44 (DOES NOT INCLUDE PROTEIN)
ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

** CONTAINS NUTS OR SEEDS

BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.
(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

CAJUN HAM

BHR TASSO HAM, BUTTERNUT SLAW, HONEY BEER MUSTARD, BAGUETTE. 12

SMOKED SALMON

MIXED GREENS, ONION JAM, CREAM CHEESE, POPPY BAGEL. 12 **

“CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, CRUSHED CHIPS, PRETZEL BUN. 11.5 **

ROAST BEEF

CHEDDAR, CURRIED CAULIFLOWER, KALE, TOMATO, HORSERADISH AIOLI, WHEAT. 14.5

GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO, HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA 10
ADD CHICKEN 12.5
AS SALAD W/ CHICKEN 13

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN. 10

QUINOA BURGER

SMOKED QUINOA-BEAN PATTY, AVOCADO, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN. 11.5

SALADS

SUMMER HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, PEACHES, ALMONDS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 10.5 **
ADD CHICKEN OR TOFU 12..5 ADD SHRIMP 14.5

TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12.5 **

ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 **

TUNA TATAKI (contains raw fish)

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION, “VEGAN CHEESE”, CASHEW VINAIGRETTE 16.5 **

SALMON POKÉ (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA, EDAMAME, RADISH, PICKLED EGG 17.5 **

SOUPS

VEGAN SQUASH & QUINOA

CILANTRO, PEAS, PAPRIKA OIL

CHICKEN POSOLE

HOMINY, GREEN CHILES, CILANTRO, LIME **

\$4 FOR A CUP OR \$6 BOWL

** CONTAINS NUTS OR SEEDS



THE FINAL TOUCH ON THE PERFECT LUNCH.

DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19**
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29**
LARGE ASSORTED PLATTER (SERVES 19-24) **39**
MOM'S CHOCOLATE CUPCAKE **4**
CHOCOLATE CHIP PECAN COOKIE** **2**
SEVEN LAYER BAR** **2.75**
BUTTERSCOTCH BLONDIE** **3**

DRINKS

MINTADE GALLON **26** HALF GALLON **13**
BLACK TEA GALLON **20** HALF GALLON **10**
HONEY ICED COFFEE (WITH SOY MILK) **4**
PAT GREER'S KOMBUCHA ON DRAFT **4**
MEXICAN COKE, TOPO CHICO, DR.PEPPER **3**
COLD BREW NITRO COFFEE ON DRAFT **6**

SERVING & SUPPLIES

UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES

\$.25

CUPS

\$.25

SERVE WARE

SPORK/SPOON/TONG/LADLE
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT HOUSTONLOCALFOODS.COM
OR CALL US AT 713.227.0531

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.
IF YOU DO NOT RECEIVE A CONFIRMATION EMAIL YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

